

Regal Rose



WELLNESS SPA

DURBANVILLE



TREATMENT MENU

BODY TREATMENTS

TheraVine™ Luxurious Pinotage and Lime salt Glow – 30min/R460

A luxurious body salt scrub consisting of refined marine salts, grape extracts and honey infused with lemon, lime and sweet orange essences.

TheraVine™ Firming and Hydrating Body Gel Wrap – 60min/R1020

A super hydrating treatment using firming actives and essential botanicals blended in an aloe-based pack. Drift away as you are cocooned in a blanket, revealing skin with greater firmness, tone and texture.

TheraVine™ Recharge Body Clay wrap – 60min/R1020

An ideal treatment for those in need of a boost, a vibrant blend of essential oils of Clary Sage, Rose and Jasmine will enliven your total being while your body is cocooned in remineralising clay for a smoother, hydrated and radiant looking skin.

MusculaVine™ Friction Scrub – 30min/R475

A warming sugar scrub infused with circulatory-boosting essential oils of Eucalyptus, Pine and Black Pepper to help unwind the body and mind as well as ease muscular aches and pains.

TheraVine™ Purifying Body Clay wrap – 60min/R1020

A warm remineralising clay helps draw out impurities, smooth and clarify the skin by restoring purity to the body after a cleansing body oil of Lemongrass, Fennel and Rosemary improve sluggish circulation and eliminates toxins.

TheraVine™ Contouring Body Gel Wrap – 60min/R1020

An application of a sculpting oil using powerful contouring essential oils that eliminate toxins and relieve water retention is followed by a firming body gel envelopment. Enjoy a scalp massage whilst your body gently detoxifies.

TheraVine™ Relaxing Body Cream wrap – 60min/R1020

Drift away with this relaxing anti-stress treatment with soothing music playing in the background as your therapist treats you to this 'never to be forgotten experience'.

RASUL

VERY IMPORTANT!
Remember to bring your swimwear
Book 24hour in advance

Rasul or mud chamber is a traditional Arabian spa treatment that combines heat, steam, exfoliate and mud to cleanse and detoxify the skin. It's a very relaxing experience often enjoyed by couples.

ULTIMATE RASUL EXPERIENCE

45min - R550pp / 45min - Couple Session - R900

The ultimate indulgence for two. Begin with a full-body exfoliation to smooth and awaken the skin, followed by the self-application of warm, mineral-rich clay wrap in your private steam chamber. As steam fills the room, relax and reconnect while the Clay wrap purify and nourish. A tropical rain shower gently rinses the body, leaving your skin soft, radiant, and renewed. Out of this world treatment.

ADD ONS

Hair and Sculp Treatment - R100

Charcoal Purifying Mask - R100

A Bottle Bubbly - R160

STEAM ROOM

30min - R350pp / 30min Couple session - R550

Immers yourself in the soothing warmth of our steam room. Gently detoxify, clear your mind, and prepare your body for deep relaxation. A deeply restorative experience that enhances every treatment that follows. Ideal for muscle relaxation and detoxification.

Recommended before a massage or body treatment.

ICE BATH

15min - R200

Challenge your body with an icy plunge that boosts circulation, reduces inflammation, and accelerates muscle recovery. Ideal after workouts or as part of a wellness ritual. Pair with a massage for the ultimate contrast therapy.

REFLEXOLOGY

Reflexology is an art and science and is part of complementary and alternative medicine (CAM) based on the principal that reflex points on the feet mirror the entire human body and gland system. Manipulating the reflex points by pressured thumb and finger techniques, allow the blood to undergo physiological changes that promote self-healing. Congested areas 'energy blocks' are released that prevents the body's own healing ability and is due to electrical and chemical impulses generated by stimulation.

Once off Consultation Session with Treatment 60-90min R800

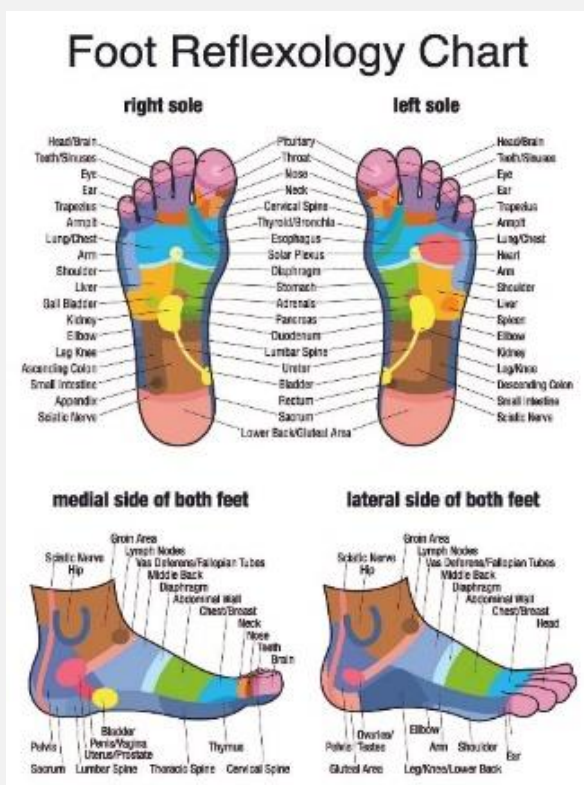
After Consultation 60min Treatment R730

10 Sessions Including Consultation R6850

SPRAY TAN

With LYCO Bronze™

Per Session - R300



Lamelle offers a variety of peels to deliver customised problem-focused solutions. Lamelle peels can improve fine lines, acne, hyperpigmentation, congested skin and dull skin. A course of 4-6 peels, 3-4 weeks apart, are advised to improve your skin concerns. Thereafter monthly Lamelle chemical peels can be done to maintain your results.

CHEMICAL PEELS

Lacti-Firm 30/10 – R760

Lacti-Firm 90/10 – R870

A Light superficial chemical peel. The skin is left firmer, tighter, and glowing. With regular Lacti-firm treatments there is a definite improvement in smoothness, brightness and hydration.

15% Beta Peel – R750

20% Beta Peel – R820

A Salicylic acid peel focused on the treatment of pigment irregularities which would include solar pigmentation, Melasma, and post-inflammatory hyperpigmentation. There will be social downtime associated with this treatment. This will vary depending on the concentration of peel used, the volume used and also the general condition of the skin. Pre- and post-treatment care can also affect this.

15% Beta Plus Peel – R620

20% Beta Plus Peel – R730

A Highly effective salicylic acid peel for the treatment of acne, congested and oily skins mild enough to do every 14 days.

Add On – R300

Enhance your facial with a potent serum blend tailored to your skin's unique needs. Whether you're targeting signs of **aging**, **inflammation**, **pigmentation**, or **acne**, we'll create a specialised mix to address your condition effectively.





FACIALS

TheraVine™ Balancing Facial – R700 (60min)

A deep-cleansing facial to gently remove surface impurities using a customised purifying mask while specially selected aromatic botanicals restore balance to the skin.

TheraVine™ Hydrating Facial – R700 (60min)

A facial designed for extreme relaxation with the aromatic scent of essential oils designed to deeply hydrate your skin, leaving you with a radiant complexion.

TheraVine™ Express Hydrating Facial – R470 (30min)

A cleanse and massage with acupressure points and lymph-drainage on the face to detox and restore hydration in the skin.

TheraVine Advanced Specialized Facials

MelanoVine™ Pro-Brilliance Mattifying Facial – R1020 (60min)

Ideal for environmentally damaged, hyperpigmented or problematic skin classifications, this treatment is potent in its approach to improve uneven skin tone while smoothing uneven skin texture and leaves the skin looking radiant and shine free.

MelanoVine™ Pro-Brilliance Facial – R990 (60min)

Diminish uneven skin tone while minimizing the appearance of fine lines and wrinkles. Targeting hyperpigmentation with scientifically advanced actives and natural lightening plant extracts, this treatment will leave your skin looking luminous and feeling radiant.

UltraVine™ Advance Cellular Gold Facial – R990 (60min)

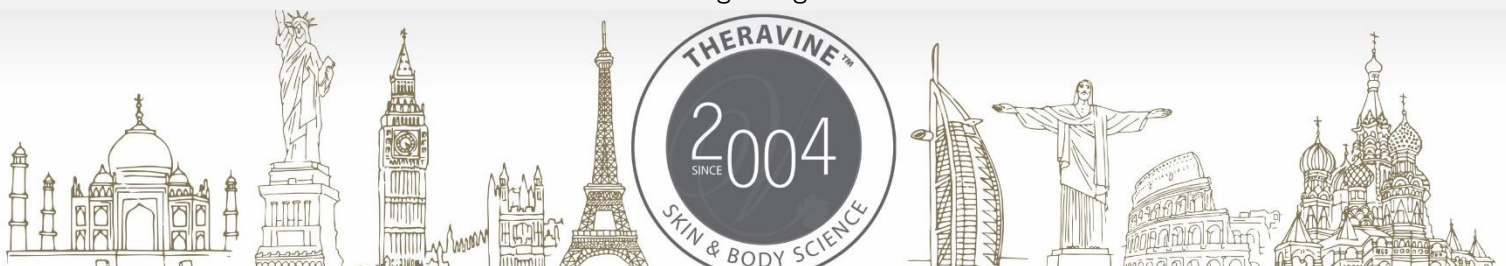
Using TheraVine™'s breakthrough anti-oxidant technology, this anti-ageing concept along with the revolutionary soft 24K gold and diamond dust collagen film mask, promotes the skin's DNA repair system while luxuriously soft and delicately scented creams, serums and balms transport your skin to an advanced state of renewal.

TheraVine™ Deluxe Anti-Ageing Facial – R880 (60min)

This replenishing treatment assists in reducing fine lines and wrinkles with peptide-rich boosters and serums to combat the signs of ageing while a plasticizing mask further enhances the actions of the active ingredients.

Pro-Radiance Thermal Glow Facial – R850 (60min)

A CBD-infused treatment indicated for stressed out, fatigued and devitalised skins. A gentle glycolic acid peel helps to rapidly increase cell turnover and skin vitality followed by a soothing cannabidiol lipid-serum and a replenishing heated nutrient rich linseed mask. Restore skin radiance and youthfulness for a calm, glowing skin.



AESTHETIC FACIAL TREATMENTS

Micro-Dermal Needling Treatment – R1350 (60min)

The TheraVine™ professional grade dermal micro-needling pen creates precise piercings into the epidermis allowing the stimulation of naturally occurring growth factors and fibroblasts, which have a regenerating effect on both the dermis and epidermis. This completely safe and effective professional micro-needling system treats advanced skin concerns, obtains specific skin goals and delays the indicators of skin aging. For best results a course of treatments is recommended along with the use of the TheraVine™ Post Treatment Recovery Kit.

Neck and Decolletage Add On –R650

Needling Package (Face Only)– R5900

This will include 4 Micro-Needling Sessions, and a
Free TheraVine Hydrating Facial

QMS MEDICOSMETICS

Contour Facial – R1600 (90min)

Suitable for loss of sagging skin, fine lines and wrinkles and loss of elasticity. Strengthens and regenerates the skin with a focus on the area that are prone to loss of elasticity as skin ages. Delivers a lifting and tightening massage in combination with a collagen boosting treatment to help improve the tonicity of the jawlines, cheeks and eyebrows.

Revive Facial – R1200 (90min)

Suitable for dull skin, blemish prone skin, depleted skin, dehydrated and first signs of ageing. Detoxifies the skin and focuses on stimulating the microcirculation using a thermal active revitalising mask, this results in an instant boost to the complexion. Skin is left visible smoother and radiant skin is restored leaving the skin glowing.

Classic Reset Facial – R950 (60min)

Good for younger skin and provide intense cleansing and refining treatment to the skin through the combination of deep pore purification with highly effective fruit acids and enzymes to create the ideal base for a soothing and moisturising foaming mask. Skin is left healthy, balanced, and hydrated.



QMS
MEDICOSMETICS



MASSAGES

AromaVine™ Relaxing Pinotage Massage – 60min/R780 90min/R910

Tension melts away with this relaxing massage containing a synergistic blend of Cape Chamomile, Neroli and Lavender.

AromaVine™ Uplifting Pinotage Massage – 60min/R780 90min/R910

A luxurious massage to transport you to a state of energized vitality using a 100% natural blend of Grapeseed, Clary Sage, Rose and Jasmine oils

AromaVine™ Slimming Pinotage Massage – 60min/R780 90min/R910

Ideal for frequent travellers, the refreshing power of carefully selected essential oils will enliven your total being. Essential oils of Lemongrass, Fennel and Rosemary improve sluggish circulation and eliminates toxins.

Back, Neck & Shoulder Massage – 30min/R620 60min/R780

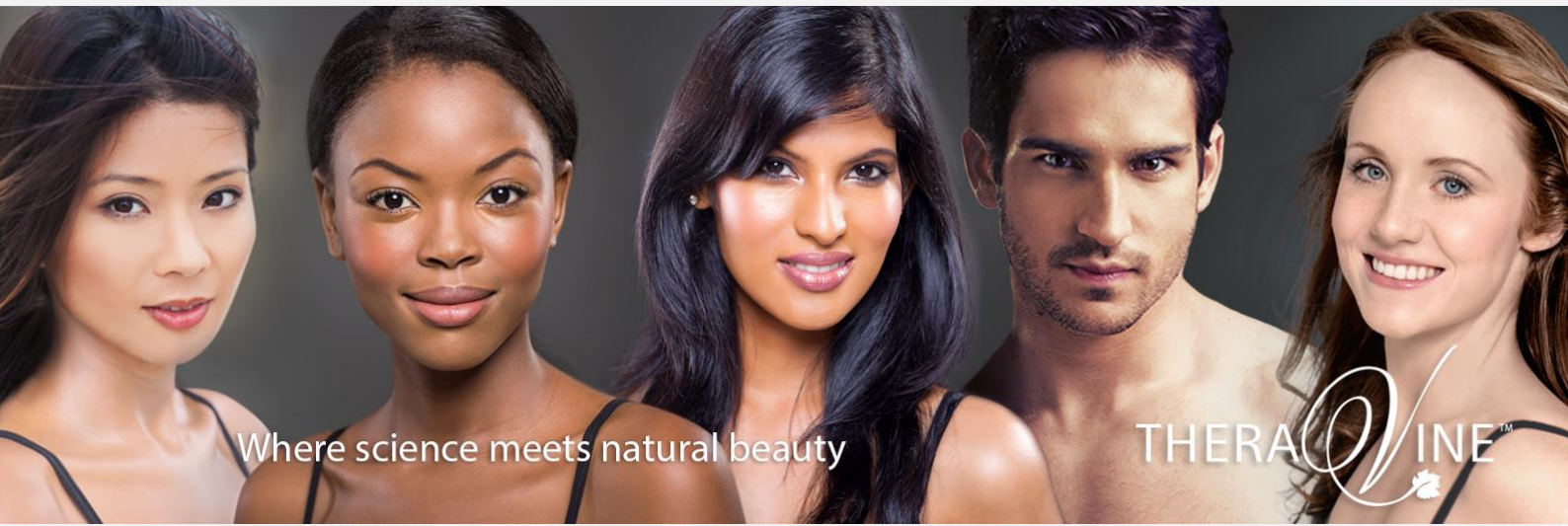
Relieves tension of overly stressed muscles in the back area, with a combination of relaxing oils and Swedish Massage Techniques.

TheraVine™ Indian Head Massage – 30min/R520

Using ancient techniques of pressure points, Indulge in the art of relaxation with our Indian head massage, specifically designed to release tension and soothe your mind

TheraVine™ Pregnancy Massage – 60min/R820

Making use of our pregnancy safe creams and techniques, allow us to relax your body whilst calming your mind. Our techniques will assist with better sleep, easing of lower back pain and swollen feet.



Where science meets natural beauty

THERA *VINE*™

SPECIALITY MESSAGES

TheraVine™ Chill, Breathe and De-stress Massage – 60min/R890 90min/R1030

Surrender to the calming benefits in the ultimate massage experience as you are transported to a state of pure relaxation. Expert therapeutic massage movements, paired with the synergistic calming effect of CBD and a refreshing cocktail of citrus essential oils makes this a skin nourishing, sensory experience. - out of this world.

AromaVine™ Candle massage – 60 min/R820 90min/R1030

Choose between 3 synergistic blends of plant waxes and butters, infused with plant botanicals of lime, sweet orange and lemongrass. This massage therapy treatment aims to relax and offer great moisturizing and protective skin care benefits. The candle envelops the massage area with refreshing aromas which rejuvenate, uplift, smooth and promises a complete body and wellbeing massage experience

MusculaVine™ Massage (Sports Massage)- 60min/R890 90min/R1050

Relieve muscular tension with an intensive massage and muscle reconditioning techniques followed by the application of a refreshing gel.

MusculaVine™ Back, Neck and Shoulder Massage – 30min/R670 60min/R860

Relieve muscular tension in your back with an intensive massage and muscle reconditioning techniques followed by the application of a refreshing gel.

ADD ONS

TheraVine™ Hair and Scalp Treatment – 20min/R560

An ultra relaxing, stress relieving scalp massage treatment using a stimulating scalp tonic followed by a conditioning hair oil and intensive hair mask to leave your hair silky soft and shining.

Hot Stones – R150



SPA PACKAGES

REFRESHMENTS AND USE OF JACUZZI & POOL ARE INCLUDED
WITH ALL PACKAGES.

Savoury platter/ Chicken salad/ Quiche/ Lasagne and salad with a drink –
R185pp

Use of Pool & Jacuzzi, if no package is booked - R180pp

Remember Swimwear

SPA DAY RELAXING PACKAGE

4 hours – R3200 per person

Me time at its best. Enjoy precious time alone. Begin with Breakfast Snacks followed by a full body Scrub, Wrap and an Indian Head Massage. After a relaxing shower, enjoy the spa bath and light lunch. Your relaxing treatments continue with a Full Body Aromatic Massage and a Hydrating Facial. Tranquillity and relaxation at its best.

COUPLES RELAXING SPA PACKAGE

4 hours – R6400 per couple

Escape and enjoy precious time together with a loved one. Begin with Breakfast Snacks followed by a full body Scrub, Wrap and an Indian Head Massage. After a relaxing shower, enjoy the spa bath and light lunch. Your relaxing treatments continue with Full Body Aromatic Massage and a Hydrating Facial. Tranquillity and relaxation at its best.

TIMEOUT PACKAGE

2 hours – R2100 per person

Allow us to transport you to pure relaxation by starting your journey with a Foot Soak, Scrub and Massage followed by an Ultra-Relaxing full body massage, ending the journey with a TheraVine™ Hair and Scalp Treatment.

TRANQUILITY

2 hours – R2050 per person

Experience complete tranquillity with our Hydrating Facial followed by an AromaVine™ Soy Candle Massage, have the pleasure of choosing your own scent to enhance your experience.

SPA PACKAGES

REFRESHMENTS AND USE OF JACUZZI & POOL ARE INCLUDED
WITH ALL PACKAGES.

Savoury platter/ Chicken salad/ Quiche/ Lasagne and salad with a drink –
R185pp

Use of Pool & Jacuzzi, if no package is booked - R180pp
Remember Swimwear

CBD DE-STRESS PACKAGE

2 hours – R2250 per person

Starting this journey where all your senses are triggered and your body reaches total balance with our CBD Infused Pro-Radiance Thermal Glow Facial for devitalised and fatigue skins, followed by a full body Breathe and De-Stress Massage. Surrender to the calming benefits and expert therapeutic massage movements.

MALE GROOMING PACKAGE

2.5 hours – R2050 per person

Specifically designed for men this package will leave you feeling refreshed and revitalised. Indulge in a full body massage, followed by an invigorating men's facial ending with a grooming foot treatment.

FOREST REJUVENATION JOURNEY

4hours – R4800 per Couple

Begin your journey with a deeply detoxifying Rasul Ritual – a self-application of exfoliant and mineral-rich mud while relaxing in a warm, steamy chamber.

Let the mud draw out impurities as you unwind, and experience the gentle rinse of a forest rain to cleanse and refresh your skin.

Enjoy a light lunch break in our serene setting before continuing your treatment.

Next, indulge in a CBD-infused Full Body Massage, designed to melt away tension, soothe muscles, and promote deep relaxation.

Your experience concludes with a Mini Hydrating Facial to nourish and refresh your skin, leaving you glowing from head to toe.



WAXING / THREADING / TINTING

Women

Bikini Line – R190
Brazilian – R340
Hollywood – R370
Full leg – R390
Half leg – R270
Lip/Chin/Brow – R110 each
Underarms – R190

TINTING

Eyebrow – R110
Eyelash – R130
Both – R240

Men

Nose – R90
Ears – R90
Feet – R120
Fingers OR Toes – R100
Stomach Line – R200
Chest – R310
Full Leg – R400
Half Back – R300
Full Back – R400

THREADING

Brow – R120
Lip – R120
Chin – R120

Full Face – R280



HANDS AND FEET

Please inform us of current gel on feet or hands.

Soak-Off R100

HANDS

FEET

File, Buff & Nail Treatment R180

File, buff and polish R210

Polish Manicure R400

Feet Soak, Scrub & Massage R390

Gel Manicure R500

Paraffin Wax Treatment (Add on) R100

Gel Application R350

Polish Pedicure R450

Rubber Base R500

Gel Pedicure R500

Gel Application R350

BIO SCULPTURE

Application R450

Manicure R600

Pedicure R600

Soft tips Covers R730

Medi Heel Hard Skin Removal R240

Medi Heel Full Pedi R570

Medi Heel Full Pedi with Gel R630

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MEDIHEEL



FOR OUR MEN

FACIALS

TheraVine™ Mens Active Daily Facial – R700 (60min)

3 key fundamentals: cleanse, hydrate and revitalise help restore freshness and clarity whilst leaving the skin comfortably soothed.

TheraVine™ Purifying Back Facial – R780 (45min)

After a salt crystal buff exfoliation, A warm remineralising clay helps draw out impurities, smooth and clarify the skin by restoring purity to the body after a cleansing body oil of Lemongrass, Fennel and Rosemary improve sluggish circulation and eliminates toxins.

HANDS AND FEET

Gents Manicure – R350

Gents Pedicure – R450

ADD ON

Paraffin Wax Treatment – R100

MediHeel Full Pedicure – R570

MASSAGE

MusculaVine™ Massage (Sports Massage)- 60min/R890 90min/R1050

Relieve muscular tension with an intensive massage and muscle reconditioning techniques followed by the application of a refreshing gel

MusculaVine™ Back, Neck and Shoulder Massage – 30min/R670

60min/R860

Relieve muscular tension in your back with an intensive massage and muscle reconditioning techniques followed by the application of a refreshing gel.

PACKAGE

MALE GROOMING PACKAGE

2.5 hours – R2050 per person

Specifically designed for men this package will leave you feeling refreshed and revitalised. Indulge in a MusculaVine full body massage, followed by an invigorating men's facial ending with a grooming foot treatment

SPOILING OUR KIDS

Little ones under 6 years

Manicure R120

Pedicure R130

Kids 6 – 15 years

Manicure - R230

Pedicure - R250

Kids Spa Package – R910

AromaVine™ 45min Massage, pedicure OR manicure.

Refreshments and use of Jacuzzi & Pool

AromaVine™ 45min Full Body Massage with Refreshments – R590

Use of Jacuzzi and Pool – R130

(Please bring your own gown and swimwear)





PLEASE NOTE OUR TERMS AND CONDITIONS -

A 24-hour notice period is required for cancellations and rescheduling.

Late arrival will result in a reduction in treatment time whilst the full treatment fee will apply.

A 50% deposit is required for group bookings, packages and public holidays.

Gift vouchers are available.

Contact us for personalised packages for special occasions and celebrations.

32 ON WESTERDALE ROAD,
DURBANVILLE.

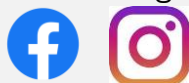
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